

## Definition of Infertility: Consensus Statement

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ANZSREI (Australian and New Zealand Society for Reproductive Endocrinology and Infertility), has extended its definition of Infertility. This extension is consistent with the American Society of Reproductive Medicine (ASRM) definition of Infertility which was accepted by the ASRM in 2023. These extensions are outlined below. This extension in definition has been endorsed by FSANZ (Fertility Society of Australia and New Zealand) and RANZCOG (Royal Australian and New Zealand College of Obstetricians and Gynaecologists).

The extensions are made to improve inclusiveness and equitable access to reproductive care irrespective of relationship status, sexual orientation or gender identity.

The revised definition states that infertility is a disease condition or status characterised by any of the following:

1. The inability to achieve a successful pregnancy based on a parent's medical, sexual, and reproductive history, age, physical findings, diagnostic testing, or any combination of those factors.
2. The need for medical intervention, including, but not limited to, the use of donor gametes or donor embryos in order to achieve a successful pregnancy either as an individual or with a partner.
3. In patients having regular, unprotected intercourse and without any known aetiology for either partner suggestive of impaired reproductive ability, evaluation should be initiated at 12 months when the female partner is under 35 years of age and at 6 months when the female partner is 35 years of age or older.

Nothing in the definition should be used to deny or delay treatment to any individual, regardless of relationship status or sexual orientation.

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